

The Study Cycle

Prepare

6

- ✓ Analyze returned test.
- ✓ Think realistically & manage your time with a study schedule for the next test.
- ✓ If concerned about course grade, see your professor.

Preview

1

- ✓ Use syllabus to identify relevant text/notes to preview.
- ✓ Scan introduction, chapter headings, keywords, diagrams, and summary.
- ✓ Formulate questions you want to answer.

Read/Take Notes

2

- ✓ Use Cornell note-taking system during lectures.
- ✓ Listen/Read actively; find answers to your questions.
- ✓ Mark unclear concepts/topics to review.
- ✓ Synthesize lecture & readings.

Organize & Review

3

- ✓ Clarify unclear concepts with text, professor, TA, and other students.
- ✓ Summarize main ideas.
- ✓ Create flashcards, charts, diagrams, timelines, etc., to organize information and illustrate relationships.

Self-Test

4

- ✓ Explain ideas out loud.
- ✓ Write and answer practice test questions.
- ✓ Formulate a study group and quiz each other.
- ✓ Apply concepts to real world situations or problem solving.

Test

5

- ✓ Arrive early & with all necessary materials to reduce anxiety.
- ✓ Think clearly and demonstrate what you have learned.
- ✓ Use appropriate test-taking strategies.